



Catholic Church of the Holy Ghost & St. Stephen

44 Ashchurch Grove

London W12 9BU

Tel: 0208 743 5196

www.rcshepherdsbush.org



8 February 2026

Mass Times:

Sunday Masses

6.00 pm (Saturday)
9.15, 11.00 am & 6.00 pm

Weekday Masses

Mon. Tues., Fri & Sat.:
9.30 am
Wed.: 7.00 am
Thurs: 7.00 pm

Holy Days of Obligation

Mass: 9.30 am & 7.00 pm

Parish Office

Monday, Tuesday, Friday:
10:00 -14:00

Exposition of the Blessed Sacrament:

Sun 7.00-7.45 pm

Novena to Our Lady of Perpetual Succour

First Saturday: 8.45 am - suspended

Rosary

After 9.30 am daily Mass during the week

Confessions

Sat 10 am, 5.15-5.45 pm
Sun 7.00-7.45 pm
or by request

Baptism

See Parish Priest
Preparation obligatory

Marriage

See Parish Priest
Six months' notice required
Preparation obligatory

Last week's collection

£1,393.57

Thank-you

Parish Priest: Fr. Mark Vickers

Parish Secretary: Sherry Samele

Catechetical Co-ordinator: Jack Harsley

E-mail: markvickers@rcdow.org.uk

E-Mail: shepherdsbush@rcdow.org.uk

E-Mail: shepherdsbushcat@rcdow.org.uk

Fifth Sunday in Ordinary Time - Year A



Fr. Mark writes: Last Tuesday was Candlemass, a celebration of light in the winter season. Mary and Joseph presented the Christ Child in the Temple in Jerusalem. Christ is 'the Light of the world'. The elderly Simeon can depart in peace, having had the joy of welcoming the Child, Who is 'a light for revelation to the Gentiles'. Today, continuing the Sermon on the Mount, the adult Christ tells His disciples that they 'are the light of the world'. We are called to continue

the mission of Our Lord: to shine light on error, to lighten the dark places of the world and people's lives, to bring the warmth of love to others. Through His grace and our faith, this is possible.

Archbishop-elect Moth

We pray for Archbishop-elect Richard Moth as he is installed as the twelfth Archbishop of Westminster at **12 noon this Saturday, 14 February**. You can watch that Mass and also Solemn Vespers at 5.30 pm this Friday, 13 February at <https://westminstercathedral.org.uk/installation-vespers-mass-livestreams/>. There is no morning Mass here this Saturday. The new Archbishop invites parishioners in West London to join him for Mass at Ealing Abbey at **6.30 pm on Thursday, 26 February**.

'Leo de Peru'

Those who watched the first part of the documentary about the Holy Father, concerned his early years in the US, found it moving and uplifting. We are showing the second part, 'Leo de Peru', concerning his time as a missionary and bishop in Peru, in the Parish House basement at **4.00 pm** this (Sunday) afternoon. Tea and coffee again from 3.45 pm. You are very welcome to join us.

Lucy O'Brien, RIP

Please pray for the repose of the soul of Lucy O'Brien. Funeral details to be confirmed.

Lent

Lent starts on 18 February. We accompany Our Lord into the wilderness on our journey of purification and conversion that we might celebrate the Resurrection with joy and renewed faith.

1. **Ash Wednesday.** There are Masses with the imposition of ashes at **7.00 am, 9.30 am and 7.00 pm**. It is a day of fasting and abstinence when we abstain from meat and make do with one simple meal.
2. **Stations of the Cross.** We pray the Stations of the Cross together, following Our Lord on His path to Calvary, in church at **7.30 pm on Fridays** during Lent.
3. **CAFOD Lent Fast Day.** The Bishops' Agency for Overseas Development invite us to go without some food on Friday, 27 February to help ensure others around the world are able to grow enough food to feed themselves. There will be a second collection for CAFOD on **Sunday, 1 March**.
4. **White City Food Bank.** Sadly, hunger exists close to home. Perhaps you might to focus your Lenten giving on helping the food hub run out of Our Lady of Fatima parish in White City. They support 100+ families each week who rely on donations from parishes such as ours. Donations of non-perishable food, toiletries, and cleaning and laundry products can be left in the crate in the church porch.
5. **Confession.** All Catholics should be making use of the sacrament of Confession during Lent. Confessions are heard at the normal times of 5.15-5.45 pm on Saturdays and 6.45-7.45 pm on Sundays. A visiting priest will be hearing Confessions at all the Sunday Masses on the weekend of [].
6. **Lenten Talks.** We have the opportunity to come together with the Rev Chris Lee and his parishioners from St. Saviour's, Wendell Park. I will give the first talk ('What is Lent?') at **8.00 pm on Thursday, 19 February** followed by Night Prayer at St. Saviour's, Cobbold Road W12 9LN. There will be further talks on the traditional Lenten disciplines of prayer, fasting and almsgiving on 5, 19 and 26 March.
7. **Prayer.** How will we deepen our prayer lives this Lent? Can we make Mass on a weekday – perhaps 7 am on a Wednesday, 7 pm on a Thursday or 9.30 am on a Saturday? Or we have the opportunity for silent Adoration before the Blessed Sacrament for an hour after the 6.00 pm Sunday Mass.

Readings at Sunday Mass

Year A - Volume 1, 133-135

Parish Office

Monday, Tuesday, Friday:
10:00 -14:00

Good Shepherd

Catholic Primary School
35 Gayford Road
www.goodshepherdrc.lbhf.sch.uk

020 8743 5060

Head: Mrs. Imogen Lavelle

Catholic Chaplaincies Charing Cross Hospital

020 3311 1042

Hammersmith Hospital

020 3313 4574

Safeguarding Officer

Tabitha Breninkmeijer
07956 260964
shepherdsbushsg@safeguardrcdow.org.uk

Planned giving scheme

(envelopes/standing orders)
Gary O'Brien
07392 203005

St. Vincent De Paul (SVP)

Mobile: 07925 560538

Mums & Toddlers

Fri. 10.30 am monthly
Contact Ellie
ashchurchmums@gmail.com

Young dads group

Thurs. 8.00 pm monthly
Input, discussion and curry
darioesposito79@yahoo.co.uk

Sunday Scriptures

Fridays, 4.45-5.45 pm
For further information:
jroberts@thetablet.co.uk

Catholic Book Club

Contact Lawrence
shepherdsbushcat@rcdow.org.uk

Sunday Scriptures Group

The Sunday Scripture group meets in the Parish House basement at 4.45 pm on Fridays. All welcome.

Food Bank

Thank-you for your donations. Please keep them coming. They are a lifesaver to many families. The food bank welcomes non-perishable foods, toiletries, laundry and cleaning products. (No clothes, books or electrical goods, please.)

Isaiah 58:6-10 1 Corinthians 2:1-5 Matthew 5:13-16

Psalm 112 Response: A light rises in the darkness for the upright.

Gospel Acclamation: **Alleluia, alleluia.**

**I am the light of the world, says the Lord;
whoever follows me will have the light of life.
Alleluia.**

Church cleaning: Saturday, 14 February: Catherine, Gina, Carmelina & Rose.

Mass Intentions for Week: 7 - 15 February 2026

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|---------------------------------|-------------|---------------------------------|
| Saturday, 7 February | 18.00 | Michael Ofori Wiredu, Anniv. |
| Sunday, 8 February | 9:15 | Sybil Jordan, int. |
| | 11:00 | Virginia Arendt, RIP |
| | 18.00 | Pro populo |
| Monday, 9 February | 9.30 | Ruby Roach & family, int. |
| Tuesday, 10 February | 9.30 | Paul Neeps, RIP |
| <i>St Scholastica</i> | | |
| Wednesday, 11 February | 7.00 | Edel Murphy, int. |
| <i>Our Lady of Lourdes</i> | | |
| Thursday, 12 February | 19.00 | Michael Carey, RIP |
| Friday, 13 February | 9.30 | Billy & Margaret Gallivan, int. |
| Saturday, 14 February | 9.30 | No Mass |
| <i>Ss Cyril & Methodius</i> | | |
| | 18.00 | Noreen Keane, Anniv. |
| Sunday, 15 February | 9:15 | Pro populo |
| | 11:00 | Paddy McDonnell, int. |
| | 18.00 | Phyllis Cooke & family, int. |

PLEASE PRAY FOR THE SICK AND HOUSEBOUND OF THE PARISH:

Christopher Browne, Pasquale de Stefano, James Gerraghty, John Harrington, Kay Healy, Mary Hill, Georgie Ivors, Marilyn McDonald, Maria Nicholls, John O'Neill, Milly Redhead, Jay St. Clair, Mary St. Pierre, Rose Stanislaus, Gemma Sweny, Kelly Young & the Chiswick Nursing Centre residents.

9.15 am Choir

We are blessed with good music on Sunday mornings. Parishioners are invited to join the choir for the 9.15 am Mass, helping to enrich the liturgy in a traditional style. Applicants should be able to read musical notation and commit to regular attendance and arriving for 9 am. Please contact Simeon at simeonelderfield@rcdow.org.uk if you are interested. (The 11 am choir is a children's choir.)

Westminster Cathedral Choir School

Westminster Cathedral Choir is one of the best Catholic choirs in the world. The Cathedral Choir School offers an outstanding education and is open to boys who have a talent for and love singing. Entry is in Year 4, occasionally Year 5. There are no financial barriers to entry, with 100% bursaries available on a means-tested basis. For details of open days or more information please use the QR code on the poster at the back of church or contact Rachel Bonnet at rbonnet@choirschool.com

Lourdes Pilgrimage

The Westminster Diocesan Pilgrimage to Our Lady's shrine at Lourdes led by the Archbishop will take place **17-24 July 2026**. Registration is now open at <https://pilgrimages.rcdow.org.uk/registration-form/> or via the Pilgrimage Office on 0207 798 9173. If any sick or handicapped person would like to join the pilgrimage, but requires help with the cost, please have a word with me.

Marian Antiphon

The anthem to Our Lady at the end of the 11 am Mass from now until Easter is given below and in the booklet at the back of church:

Ave, Regina caelorum,
Ave, Domina angelorum:
Salve radix, salve porta,
Ex qua mundo lux est orta:
Gaude Virgo gloriosa,
Super omnes speciose:
Vale, o valde decora,
Et pro nobis Christum.

Hail, Queen of heaven
Hail, Mistress of the angels:
Hail the root and gate
Through which rose the Light of the world.
Rejoice, glorious Virgin,
Beautiful above all others:
Farewell, O fairest one,
And pray for us to Christ.