



Catholic Church of the Holy Ghost & St. Stephen

44 Ashchurch Grove

London W12 9BU

Tel: 0208 743 5196

www.rcshepherdsbush.org



5 July 2026

Mass Times:

Sunday Masses

6.00 pm (Saturday)

9.15, 11.00 am & 6.00 pm

Weekday Masses

Mon. Tues., Fri & Sat.:

9.30 am

Wed.: 7.00 am

Thurs: 7.00 pm

Holy Days of Obligation

Mass: 9.30 am & 7.00 pm

Parish Office

Monday, Tuesday, Friday:
10:00 -14:00

Exposition of the Blessed Sacrament:

Sun 7.00-7.45 pm

Rosary

After 9.30 am daily Mass during the week

Confessions

Sat 10 am, 5.15-5.45 pm

Sun 7.00-7.45 pm

or by request

Baptism

See Parish Priest
Preparation obligatory

Marriage

See Parish Priest
Six months' notice required
Preparation obligatory

Funerals

For those who attended Mass here or were resident in the parish

Last week's collection

£1,233.41

Thank-you

Parish Priest: **Fr. Mark Vickers**

Parish Secretary: **Sherry Samele**

Catechetical Co-ordinator: **Awaiting appointment**

E-mail: markvickers@rcdow.org.uk

E-Mail: shepherdsbush@rcdow.org.uk

E-Mail: shepherdsbushcat@rcdow.org.uk

Fourteenth Sunday in Ordinary Time - Year A



Fr. Mark writes: St. Paul in his Letter to the Romans discusses at length what makes us human beings and how, as Christians, we ought to act. He has a great deal to say about the Spirit and the flesh. At first sight, it seems as if he is saying the two are completely opposed to one another, that we are entirely spiritual beings.

This, of course, is not the case. Human beings are body and soul, mind and matter. We are Christians precisely because 'the Word became flesh and dwelt amongst us'. Jesus redeems us body and soul. Paul proclaims the Gospel with his whole being body and soul. He suffers physically on multiple occasions for his faith in Jesus. He is saying rather that the guiding principle in our lives must always be the spiritual, the Holy Spirit received in baptism, not our bodily desires. Our bodies remain vital, but transformed by the Spirit and placed at the service of the Gospel.

Metropolitan Chapter

The Archbishop has appointed me a Canon of Westminster Cathedral. The canons are involved in the liturgical life of the Cathedral and act as advisors to the Archbishop. I remain as parish priest of Shepherd's Bush, with duties at the Cathedral once a month. I will be installed as a canon at Vespers and Mass at the Cathedral after the summer.

Catholic Student Network

Ben Plimmer is a parishioner, former catechist, and trustee of the Catholic Student Network. He is making an appeal at all the Masses today for the work of CSN, which exists to connect, equip and empower Catholic university students through training, formation and accompaniment to deepen their relationship with Jesus Christ, to build flourishing Catholic communities, and to nurture them as faithful and fruitful leaders in the Church and wider society. To achieve this goal, CSN runs a Leadership Summit and provides workshops and mentoring to students. If you can, please support the second collection next week to help form a new generation of Catholic leaders.

Baptism

Congratulations to Ludo Manners, who is baptised this weekend.

Given the importance of the sacrament, children should be brought to baptism as soon as possible. The next baptism preparation sessions are at **7.30 pm on Monday, 13 and 20 July**. If you attend both sessions, we can arrange a date for the baptism after the second session. The sessions are for parents who attend Mass here each Sunday and wish to have a first child baptised. If you have attended baptism preparation sessions here for an older child, we can simply arrange a baptism date for younger children.

Wedding

Congratulations to parishioners Daniel Munro and Ellie Schülke, who are married this week. We wish them many years of happy, married life together.

Cake Sale

Two of our parishioners, Zitha and Malcolm, have worked enormously hard to help found and fund a Catholic school in Cameroon. There will be a cake sale after the 9.15 and 11 am Masses next **Sunday, 12 July** to raise funds to support their work. Contributions in the form of cakes would be extremely welcome. Please speak to Nova or Amelia over tea and coffee after the 9.15 am Mass if you can help.

Catholic Curry Club

The Catholic Curry Club is for dads with children of primary school age or under. The final meeting of the school year will, as previously, be a picnic in Wendell Park at **8.00 pm next Thursday, 16 July**. Please bring food and drink to share.

Parish Office

Monday, Tuesday, Friday:
10:00 -14:00

Good Shepherd**Catholic Primary School**

35 Gayford Road
www.goodshepherdrc.lbhfsch.uk

020 8743 5060

Head: Mrs. Imogen Lavelle

Catholic Chaplaincies**Charing Cross Hospital**

020 3311 1042

Hammersmith Hospital

020 3313 4574

Safeguarding Officer

Tabitha Brenninkmeijer

07956 260964

shepherdsbushsg@safeguardcdow.org.uk

Planned giving scheme

(envelopes/standing orders)

Gary O'Brien

07392 203005

St. Vincent De Paul (SVP)

Mobile: 07599 503330

Mums & Toddlers

Fri. 10.30 am monthly

Contact Ellie

ashchurchmums@gmail.com

Young dads group

Thurs. 8.00 pm monthly

Input, discussion and curry

darioesposito79@yahoo.co.uk

Sunday Scriptures

Fridays, 4.45-5.45 pm

For further information:

jroberts@thetablet.co.uk

Sunday Scriptures Group

The Sunday Scripture group meets in the Parish House basement at 4.45 pm on Fridays.

All welcome.

Food Bank

Thank-you for your donations. Please keep them coming. They are a lifesaver to many families. The food bank welcomes non-perishable foods, toiletries, laundry and cleaning products. (No clothes, books or electrical goods, please.)

Readings at Sunday Mass

Zechariah 9:9-10

Romans 8:9, 11-13

Matthew 11:25-30

Psalm:144 Response: I will bless your name for ever, my God and king.

Gospel Acclamation: **Alleluia, alleluia.**

**I thank you, Father, Lord of heaven and earth,
you have revealed the secrets of the kingdom to little children.**

Alleluia.

Church cleaning: Saturday, 11 July: Rose, Carmelina & Emmanuel.

Mass Intentions for Week: 4 - 12 July 2026

Saturday, 4 July	18.00	Sandra Fröhlich-McCormack, RIP
Sunday, 5 July	9:15	Pro populo
	11:00	Patrick Dineen, Anniv.
	18.00	John, Rosemarie, Timothy, Stephen Healy & Sean Doyle, RIP
Monday, 6 July	9.30	Hurren & Panting family members, RIP
Tuesday, 7 July	9.30	Holy Souls
Wednesday, 8 July	7.00	Holy Souls
Thursday, 9 July	19.00	Patrick & Mary McDonagh, RIP
Friday, 10 July	9.30	Mary & James Molloy, RIP
Saturday, 11 July	9.30	Klaudia Dejnowska, Ludwik Dejnowski & Mieczyslaw Kramicz, RIP
<i>St Benedict</i>	18.00	Pro populo
Sunday, 12 July	9:15	Bernard & Aaron Webb, int.
	11:00	Dennis Flynn, Anniv.
	18.00	Jack Fletcher, Anniv.

PLEASE PRAY FOR THE SICK AND HOUSEBOUND OF THE PARISH:

Christopher Browne, Francis Day, Pasquale de Stefano, James Gerraghty, John Harrington, Kay Healy, Mary Hill, Georgie Ivors, Marilyn McDonald, Maria Nicholls, Milly Redhead, Jay St. Clair, Mary St. Pierre, Rose Stanislaus, Gemma Sweny, & the Chiswick Nursing Centre residents.

Card readers

It can be difficult restarting the card readers and regaining Internet connectivity when they are unplugged, preventing people making online donations. The card readers are being unplugged on a regular basis, particular the one opposite the statue of St. Stephen. This may just be children playing, but if an eye could be kept on this, that would be appreciated.

Catechists' Courses

The Diocese of Westminster is offering free courses for catechists on three Saturdays after the summer. All are being held in Vaughan House, 46 Francis Street SW1P 1QN (by Westminster Cathedral and Victoria Station) between 10 am and 4 pm:

1. 12 September: Introduction to Catechesis & Practical Skills for Catechists;
2. 26 September: The Spirituality of the Catechist, and Baptism and the Catechumenal Model;
3. 17 October: First Confession, First Holy Communion, Confirmation & Children's Liturgy

For further information or to book tickets, visit: <https://rcdow.org.uk/events/>

Thinking of becoming a Catholic? RCIA

Jesus Christ calls everyone to the greatest degree of unity imaginable with Himself through receiving the sacraments of baptism, Confirmation and Holy Communion as members of the Catholic Church. This is reflected in our faith in Him and lives of worship, truth, morality and compassion.

In the past these sacraments were normally received at a young age. Increasingly, this may not be the case – the reason for the Rite of Christian Initiation of Adults. The RCIA group meets at **8 pm** mostly on Tuesdays, starting on **Monday, 21 September**. It is for those previously of no faith or other faiths, other Christians, who wish to become Catholics, and Catholics who missed out on First Communion and/or Confirmation when they were younger.

We reflect on what Catholics believe, how we pray, and how we live our faith in the world. It is a journey of discovery and explanation which those in previous years have found enormously fulfilling. Sixteen adults were baptised, confirmed and received here last Easter – probably the highest number ever. There are no expectations. Only if right for the individual, do they receive the sacraments at the Easter Vigil on **Saturday, 27 March 2027**. Several people have expressed an interest in joining the group in the autumn. If this interests you, please contact Fr. Mark at markvickers@rcdow.org.uk
There are yellow leaflets with further details at the back of church.